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# Libertad (Osho) (Spanish Edition)



## Synopsis

Una descripción, argumentación y explicación de lo que para Osho representa la libertad.

**ENGLISH DESCRIPTION** In *Freedom*, Osho outlines three stages of freedom. The first is "freedom from," which is a freedom that comes from breaking out of what he calls the "psychological slavery" imposed by outside forces such as parents, society, or religion. The next stage is "freedom for," a positive freedom that comes from embracing and creating something---a fulfilling relationship, for example, or an artistic or humanitarian vision. And lastly there is "just freedom," the highest and ultimate freedom. This last freedom is more than being for or against something; it is the freedom of simply being oneself and responding truthfully to each moment. The *Insights for a New Way of Living* series aims to shine light on beliefs and attitudes that prevent individuals from being their true selves. The text is an artful mix of compassion and humor, and readers are encouraged to confront what they would most like to avoid, which in turn provides the key to true insight and power. *Freedom* helps readers to identify the obstacles to their freedom, both circumstantial and self-imposed, to choose their battles wisely, and to find the courage to be true to themselves

## Book Information

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## Customer Reviews

La vida, no es vida sino la vivimos en absoluta libertad, un camino que sin duda puede iniciarse con la guía del maestro Osho... de gran ayuda para comprender desde el corazón

Love it, Osho explains very good about liberty and how we can see ourselves. Every book of Osho that I read help me to understand life.

Excelente, inspiracional y abre una ventana a tu interior de una manera muy sutil e interesante!

osho the best!

Excellent

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